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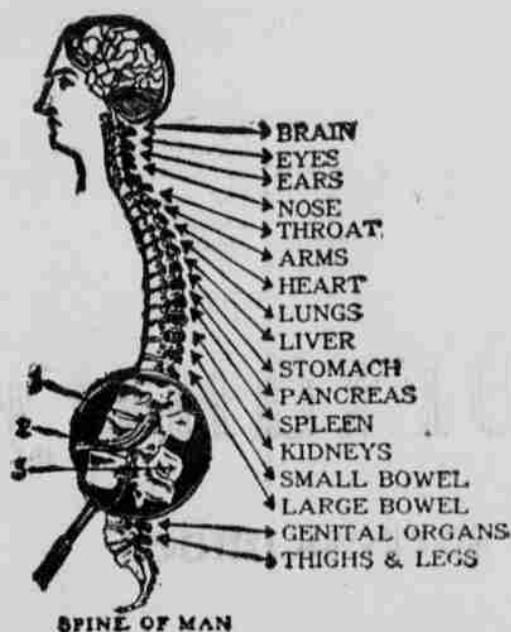
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"Make Good or Make Room"

This has been called "The Tragedy of Progress." A business man or a business woman in this Twentieth Century must do one of these two things, i. e., "Make Good" or "Make Room" for someone else. There is no happy medium.

To make good in your business ventures, in the service you render your employer, in your home-life, and among your neighbors—YOU MUST BE HEALTHY.

To be Health, you MUST POSSESS A NORMAL SPINE.

All medical men who are liberal minded and not blindly prejudiced, all scientists and, above all, all people possessing common sense now admit that the spine is the keystone of the human body; and that if it is out of alignment (in other words out of line), there is bound to be a pinching of the nerves which will prevent the vital force from flowing uninterruptedly to the various organs. The result is so-called dis-ease of those organs which are not receiving their proper quota of life force.

The competent chiropractor is a spine specialist. He palpates the spine carefully and ascertains exactly where the vertebrae (small bones) are out of line (subluxated). Using his bare hands alone he, by means of Chiropractic Vertebral adjustments, puts these vertebrae back in line. The nerve pressure is thus relieved, the life force flows freely to the organs involved and HEALTH IS THE RESULT.

Don't wait until you are "all in, down and out" before consulting a chiropractor, but at the first sign of danger (slight though it may be) ask for a SPINAL ANALYSIS. If it is found that your spine is out of alignment, take CHIROPRACTIC VERTEBRAL ADJUSTMENTS as often as your chiropractor deems necessary and you will be healthy and will "MAKE GOOD."

DR. W. B. GAGE

CHIROPRACTOR

Putnam House, Bennington, Vt.,

Thursdays, 1 to 5 P. M.

WANTED TO CUT OFF HILLS TO FILL VALLEYS

So James Clifford Is Taken Back to
Brattleboro Retreat from Which
he Escaped.

Brattleboro, April 11.—An automobile load of attendants from the Brattleboro Retreat rolled up to the house on the Wilcox place in Green River, 12 miles from Brattleboro, owned by M. L. Smith of Turners Falls, Mass., late last night, took James Clifford from bed and returned him to the retreat from which institution Clifford escaped a week before. Clifford's advanced ideas in farming led to his identity. After carrying a ton and a half of hay from the barn packing it around some logs and setting fire to the hay in an effort to destroy the logs, he told a neighbor, L. E. Aldrich of other plans which he had in mind, one of which was to remove the tops of the hills and fill up the valleys, making a perfectly level farm. He said he intended to rid the land of rocks by consuming them with fire. These methods, which he disclosed in conversation last night with Mr. Aldrich, were so far in advance of those heretofore employed in the farming community of Green River that Mr. Aldrich was convinced that the newcomer needed investigating, and he notified Attorney John E. Gale of Guilford. The latter made inquiry at the retreat and was informed that a patient who had been working about the farm had disappeared a week ago and had not been heard from. The rest was easy. What Clifford lived on is not known. There was no article of food in the house except tea and it is known that Clifford helped himself to that. He kept a good fire in the kitchen range. His home is in Cavendish.

Use and Beauty.

"Why is it that homely men are more popular with girls than handsome men?"

"Because," answered Miss Cayenne, "in a motorcar the handsome man is usually worrying about lunch time, while the real chap is helping repair a blowout."

End of the Honeymoon.

"I guess the honeymoon is about over."

"What's the matter?"

"He's begun to discover that some of her folks make him tired and she's declared that some of his relatives are a nuisance."

Might Live Too Long.

Old Gotox—When I proposed to Miss Penchy last night she said that before answering she must see my family Bible. What do you suppose that was for?

Her Friend—Oh, she probably wants to see if you come of a long-lived family.



IN ORDER OF IMPORTANCE
"Yes, I'll be delighted to act as one of your bridesmaids. But you haven't told me whom you are to marry."
"I haven't given it a thought. I'll pick him out after I've arranged the more important details."

A Real Optimist.

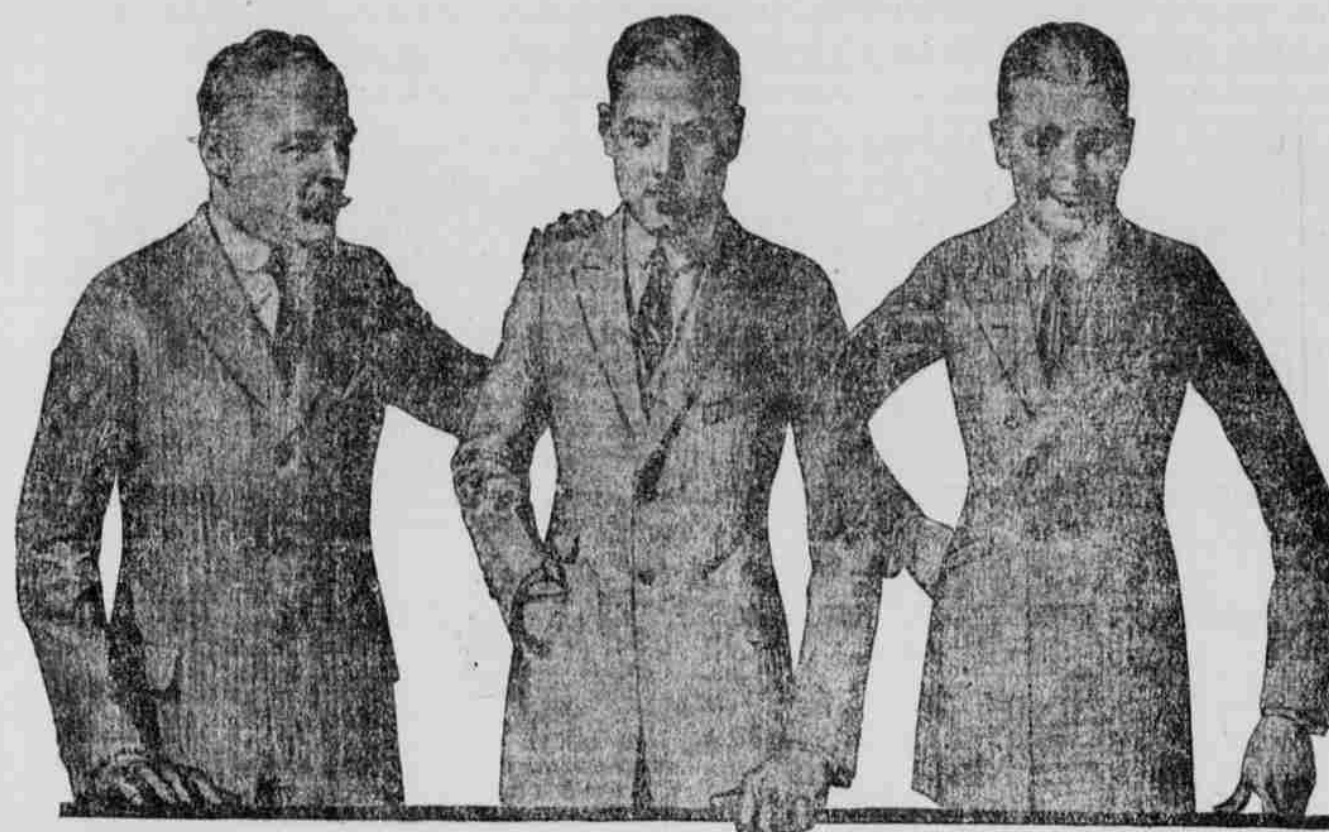
A cheerful man
is Oswald Spire.
He grins when he
Must change a fl



Cigarette

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tobacco flavor.

It's Toasted



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SOME SMILES
Expert Situation.
"All the world's a stage," remarked the ready-made philosopher.
"Yes," responded Mr. Groucher.
"And one of the best actors I know of is the hotel clerk. I am often tempted to applaud when I see him depicting the emotions of one who is delighted to meet another carload of perfect strangers."

No Time for Training.
"Your business college for young ladies seems to be all right."
"It is all right."
"Do you give the girls a good, practical business training?"
"In reply to that question I can only say that 90 per cent of our graduates marry their employers the first year."

Natural Action.
"Here he is complaining of having his pay held up for every little thing, and I am sure they have nothing actually on the boy, for he is a real vessel of election."
"Then if he poses as being a vessel, he can't complain of being docked."

Some prodigious feats are performed by a man sometimes to keep a boy from losing faith in him.

Optimism's greatest victory is the popular belief in the power of money to secure all things desirable.

A middle-aged man will sometimes think if he could find the right kind of hat he would look younger; but he never can find it.



WISE GUY
"Jack's the most bashful man I ever saw. He never tried to kiss me once when he called last week."
"That's not bashfulness. That's fear. I told him you'd push a man's face in if they'd try anything like that."



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